

Medhavi Bhatia

Concept

Instructions: Go through the performative act of interacting with a mirror, for a minimum of 7 minutes a day, for a week.

Here, the attempt should be to interact with the mirror by engaging all senses, not emphasizing solely on the visual imagery involved in the experience. The point of this act is should be to realize the temporality of the experience, and to capture it through reflections.