



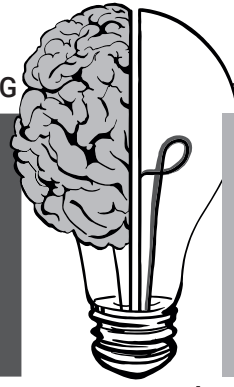
O.P. JINDAL GLOBAL
INSTITUTION OF EMINENCE DEEMED TO BE
UNIVERSITY
A Private University Promoting Public Service



**Jindal School of
Psychology & Counselling**
India's First Transdisciplinary Psychology School

JINDAL SCHOOL OF PSYCHOLOGY & COUNSELLING

PSYCH INFO



Volume 3: January - May 2023

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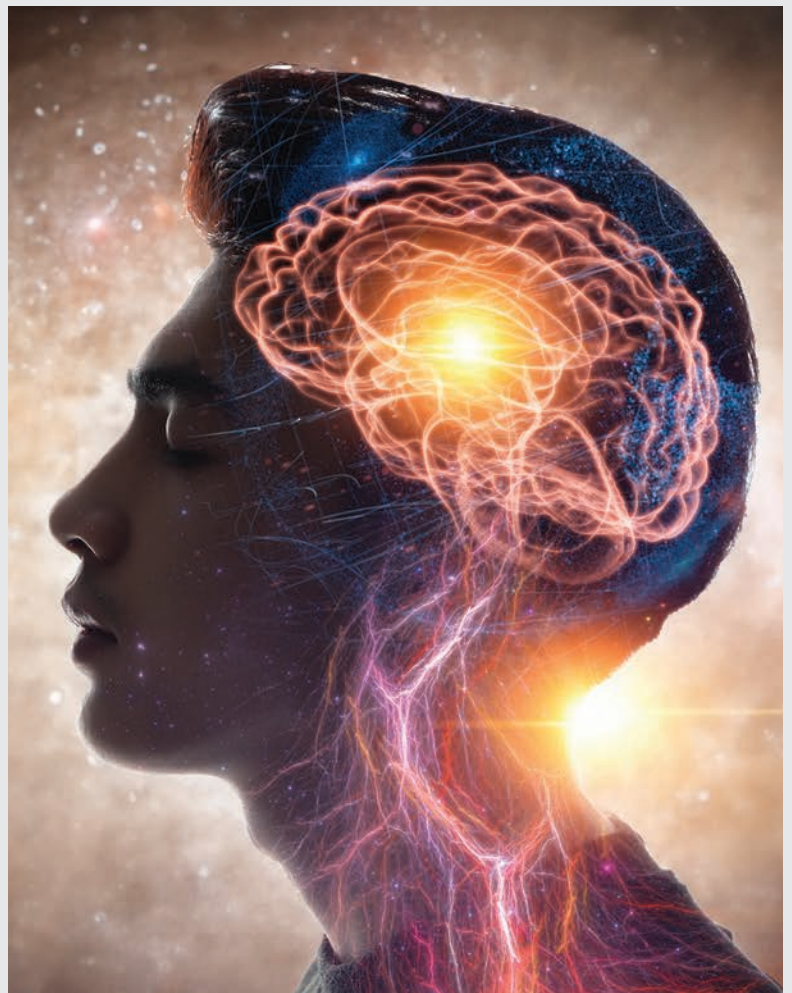
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James Cook University



Jindal School of Psychology & Counselling - Events & Updates



DEAN'S MESSAGE



Greetings,

At the conclusion of the 2022-23 academic year, I am pleased to provide an update on the Jindal School of Psychology and Counselling (JSPC). We successfully completed our second year of instruction, and the first full year as a residential programme on the Jindal Global University (JGU) campus. The ability to directly engage has proven highly fortuitous for both students and faculty, engendering a sense of community across the school.

The past semester, JSPC students had numerous opportunities to learn about psychology beyond the classroom, with many seminars and conferences hosted by the school. This includes the second round of the Bharat Panchal Dialogues, a series of round-table discussions—in collaboration with Fortis Mental Health—on important matters related to psychology and counselling. We heard from multiple faculty members via the Faculty in the Spotlight series, wherein professors present their research to all members of the JGU community. Importantly, students also had the opportunity to discuss their own research during the biannual Bridging the Gap series.

There were also plenty of opportunities for students to engage and interact throughout the year. The International Day of Happiness was commemorated with the Raunaq festival, while the importance of self-love was celebrated with the Hues of Cupid event. Both events, and many others, were well attended, permitting all students on campus to learn about psychology and engage in some old-fashioned fun and merriment.

Academically, we recently instituted the Honour's Thesis programme. Working with a faculty mentor, fifteen third-year students will design an experiment and collect data based on their own working hypotheses. This is a great opportunity to gain hands-on research experience, bolstering each student's research abilities and CV. The thesis will be completed by the end of next year and, ideally, some will ultimately be published in peer-review journals.

The school also provided opportunities for students to travel and study abroad. Applications were accepted for students wishing to do a semester abroad at many eminent institutions, such as Berkeley, University of California, University of Wisconsin, Madison, University of Liverpool, St. Petersburg University, and many more. For the first time, students also applied for our dual-degree programme with James Cook University, Singapore (JCUS). At the end of four years, student graduates will earn degrees from both JSPC and JCUS. Moving forward, many more opportunities with international institutes of higher learning will be established.

Student elections were held this past spring for Student Council. Many outstanding students from both batches ran for office, illustrating the enthusiasm and drive of the student body. In the end, five positions were filled by Suhaani Manektala (President), Vanshika Mehta (Vice-President), Arushi Kapoor (Cultural Secretary), Sarmishtha Bhardwaj (General Secretary), and Yashmin Goyal (Treasurer).

On the experimental side, JSPC established two

new research centres. The Centre for Neurodiversity Studies (CNS) was launched as a joint venture between JSPC faculty members— Profs. Deepali Taneja and Poornima Viswanathan— and the Jindal Global Law School (JGLS). Originally launched in 2021, the Emotion and Cognition Research Centre was also reorganized and reinaugurated in 2023. The centre is run by JSPC faculty members, including myself and Profs. Divya Bhatia, Kannu Priya Kamboj, Meenakshi Banerjee, Kirti Tyagi, and Deepak Pandiaraj. Also participating is Yoshiko Miyata Ishioka, a faculty member from the Jindal School of Liberal Arts and Humanities (JSLH). Both centres will avail research opportunities for faculty members and students interested in their respective topics.

Looking forward to August 2023, JSPC is pleased to welcome our newest students, batch 2023. Entering under the National Education Policy 2020 mandate, they will follow the school's new four-year programme. Ensuring a wholistic educational experience, our newest students will have ample

opportunity to take diverse coursework related to all aspects of psychology, as well as personalize their education by way of more than 300 general elective courses offered by all schools of JGU.

Finally, to accommodate our newest students, we recently hired 15 new faculty. All told, JSPC will now host almost 450 students and more than 40 faculty members. I am confident the school and its reputation will continue to grow as we work towards our goal of being the top psychology programme in India.



Derick H. Lindquist, Ph.D.

Professor and Dean

School of Psychology & Counselling

O.P. Jindal Global University



Faculty Development Workshop - Spring Semester 2023

This Semester, two faculty developments workshops were conducted

JSPC's Faculty Development Programme - Spring 2023

A Workshop on Research Grants & Publication Ethics

SPEAKER - 1
03:30 PM - 4:30 PM
External & Internal Research Grants
Prof. (Dr.) Arpita Gupta
Professor, Jindal Global Law School
Vice Dean (Research),
O. P. Jindal Global University

SPEAKER - 2
05:00 PM - 6:00 PM
Research and Publication Ethics
Prof. (Dr.) Mousumi Mukherjee
Associate Professor & Deputy Director, IHED
Founding Executive Director,
Centre for Comparative and Global Education,
O. P. Jindal Global University

SPEAKER - 3
06:00 PM - 6:30 PM
Grant Writing: Experiences
Dr. Mona Mittal
Associate Professor,
Department of Family Science,
School of Public Health,
University of Maryland

REFRESHMENTS
04:30 PM - 5:00 PM

9th February 2023 | 03:30 PM - 6:30 PM
Global Conference Room T2 -T40

For any queries please contact jspc.research@jgu.edu.in

Faculty Development Workshop I Research Grants & Publication Ethics



Faculty Development Workshop II 'Creating a Culture of Care: The Role of Faculty in Fostering Student Well-being'

JSPC's Faculty Development Programme

A Workshop on 'Creating a Culture of Care': The Role of Faculty in Fostering Student Well-being

04:30 PM - 5:45 PM
Introducing the faculty guide to support students in emergency/ distressing situations
Facilitators:
Dr. Mehak Sikand & Dr. Poornima Viswanathan
Student Affairs Committee, JSPC

06:00 PM - 7:00 PM
Interactive discussion on the role of faculty in fostering student well-being

By
Dr. Nithya Poornima
Consultant Clinical Psychologist

Short Bio of Dr. Nithya Poornima
Dr. Nithya Poornima is an independent consultant clinical psychologist. She has over 13 years of experience in the field of psychology, and was previously an Associate Professor at National Institute of Mental Health and Neurosciences (NIMHANS). She has also worked as a Lecturer at Sampurna Mountfort College, Bangalore. She holds an M.Phil and Ph.D. in Clinical Psychology from NIMHANS. She has been the recipient of prestigious accolades such as the Emerald Queen Fellowship for promoting young mental health professionals working with children and adolescents in the year 2008 awarded by International Association of Child and Adolescent Psychiatry and Allied Professions, and the Lake Clark Young Scientist Award by the Indian Association for Child and Adolescent Mental Health in November 2011. She has a special interest in child and adolescent mental health, school mental health, promotive and preventive interventions for children and adolescents, and mental health of mental health professionals. She has a wide variety of research publications and has also guided/taught clinical psychologists in research and practice.

29th March 2023 (Wednesday) | 04:30 PM - 7:00 PM
T1: G03, Ground Floor, South

COORDINATORS: Student Affairs Committee, JSPC (jspc.sac@jgu.edu.in)

Inaugurations & Milestones

The inaugural event of the 'Centre for Neurodiversity Studies'- The inauguration was ceremoniously marked by an invited talk on 'From Understanding to Advocacy: The Neurodiversity Movement' by the most eminent speaker & director - Merry Barua, National Centre for Autism.



About the Speaker

Merry Barua, Director, Action For Autism, is an activist, special educator, and a parent to a son with autism. Merry started the autism movement in India when lack of information and misconceptions about this condition abounded. With little support from society or authorities of the time, she set about changing the scenario in awareness, diagnostics, education and allied services, human resources development, and policy, among others. Merry writes, teaches, lobbies, trains, sensitizes, counsels, and advocates. Her focus on 'spreading the word' and enabling individuals with autism and their families to empower themselves, has led to a growth in services and the formation of empowered parent groups, and in particular of parent driven services. Action For Autism, the national autism society that she helped found is infused with Merry's vision of an inclusive society that looks not merely at individuals with social and communication challenges, but at all those who do not fit into society's judgmental 'norms'. Merry is an Ashoka Fellow and has received national and international recognition for her work.

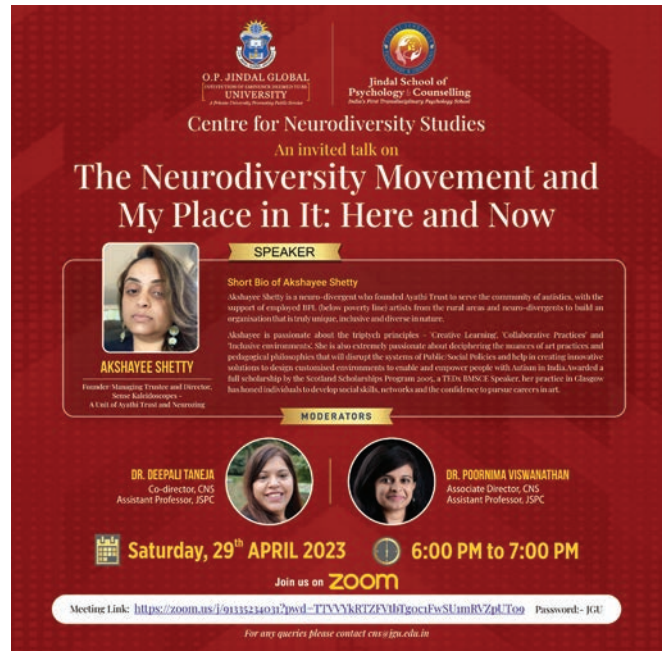
ABOUT THE CENTRE

The Centre for Neurodiversity Studies (CNS) was established as a result of the work, passion, and personal motivation of the founding members to create awareness, vocalise acceptance for neurodiversity, and combat passive invisibilisation of neurodiverse and neuroqueer existence in a largely neurotypical world.

FOUNDING MEMBERS

- DR. DEEPAJI TANEJA**
Co-Director, CNS
Assistant Professor, JSPC
- PROF. ABHISHEK RANA**
Co-Director, CNS
Associate Professor, JGLS
- DR. POORVIMA VISWANATHAN**
Associate Director, CNS
Assistant Professor, JSPC
- PROF. RAASHIKA GILL**
Associate Director, CNS
Assistant Professor, JGLS

The second event of Centre for Neurodiversity studies was organised as an online talk on the topic 'The Neurodiversity Movement and My Place in It: Here and Now' by Akshayee Shetty, Founder/ Managing Trustee & Director, Sense Kaledoscopes.




We are happy to announce the (Re)Inauguration of the E-Cog: Emotion and Cognition Research Centre at Jindal School of Psychology and Counselling

O.P. JINDAL GLOBAL UNIVERSITY
INSTITUTION OF FINANCIAL EDUCATION (IIFE)
At Present: Security, Engineering, Public Interface

Jindal School of Psychology & Counselling
India's First Transdisciplinary Psychology School

You are cordially invited to join the
(Re)Inauguration of the E-COG: EMOTION & COGNITION RESEARCH CENTRE

GUEST SPEAKER
DR. SUMITAVA MUKHERJEE
Assistant Professor, IIT Delhi
Sumitava Mukherjee is a behavioral and cognitive scientist who studies human judgment and decision making at Humanities and Social science department of IIT Delhi. He leads the Decision lab research group that is situated at cross sections of cognitive & behavioral science and behavioral economics. His recent work is on the psychology of gains and losses. He has proposed a magnitude-dependent version of loss aversion that goes beyond the ill-accepted prospect theory that losses loom larger than gains, thus presenting a more nuanced position on the bedrock of behavioral economics.

DIRECTOR, E-COG
PROF. LOUIS DEBACK
H. LINDNER
Professor & Dean, JSPC

ASSOCIATE DIRECTORS, E-COG
DR. DIVYA SHARMA
Assistant Professor, JSPC
DR. KANNU PRIYA KAMBOJ
Assistant Professor, JSPC
DR. ANEESHKUSHI JAIN
Assistant Professor, JSPC

ASSISTANT DIRECTORS, E-COG
PROF. KHITI TIRUM
Lecturer, JSPC
DR. DEEPAK PANDSAL
Assistant Professor, JSPC
DR. YOSHINO TORIYA MIYATA
Assistant Professor, JSJH

FRIDAY, 5 MAY 2023 | 1:30 PM - 2:30 PM | T4-M83 MEZZANINE (SOUTH SIDE)



JSPC Guest lectures

Guest Lecture 1

"Advancing research and practice to address interpersonal violence, mental health, and sexual and reproductive health."

Resource Person: Dr. Mona Mittal,
Associate Professor, Department of Family Science, School of Public Health, University of Maryland



O.P. JINDAL GLOBAL UNIVERSITY
Jindal School of Psychology & Counselling

JINDAL SCHOOL OF PSYCHOLOGY & COUNSELLING
Cordially invites you all to a Guest Lecture on
ADVANCING RESEARCH AND PRACTICE TO ADDRESS INTERPERSONAL VIOLENCE, MENTAL HEALTH, AND SEXUAL AND REPRODUCTIVE HEALTH

ABSTRACT:
Intimate partner violence (IPV), mental health, and HIV are pressing public health issues. In the talk, Prof. Mona Mittal will share evidence for the inter-relationships between these issues. She will also use her program of research to discuss integrated-intervention strategies to prevent and respond to IPV and associated adverse health outcomes

DR. MONA MITTAL
Associate Professor in the Department of Family Science, School of Public Health, University of Maryland

ABOUT THE SPEAKER:
Mona Mittal is an Associate Professor in the Department of Family Science, School of Public Health, at the University of Maryland (UMD, College Park). She received her PhD in Marriage and Family Therapy from Texas Tech University and a Masters in Clinical Investigation from the University of Rochester. She is Core Faculty for the UMD's Center for Health Families, provides mental health services to individuals, couples, and families. Affiliate Faculty for the UMD's Prevention Research Center, focuses on LGBTQ+ mental health, and UMD's Population Research Center, produces and promotes population-related research.

10th FEBRUARY 2023 4:00 PM to 5:00 PM T4 - F100-T4 First Floor, North side

For any queries please contact jspc.research@jgu.edu.in

Guest Lecture 2

"Understanding and Treating Adolescent Depression"

By **Prof. Dr. Shirley Reynolds**,
 Professor & Clinical Psychologist,
 Honorary Professorial Fellow, Norwich
 Medical School, University of East Anglia



Given the prevalence of depression amongst young people, and the potential negative and lifelong consequences for personal, social, health and occupational functioning, this is a major problem for young people and their families. However, the outcomes of psychological treatments, including Cognitive Behaviour Therapy, have not shown significant improvements in the past 40 years. A range of strategies was discussed in the lecture for making psychological treatment for adolescent depression more acceptable, accessible and effective.

Guest Lecture 3

"Corporate Ready with Vineeta Chawla"



CORPORATE READY

with **VINEETA CHAWLA**

A passionate HR Professional with over 5 years of work experience that spans across campus hiring, branding and volunteering projects. She is excited to connect with young minds at campus.

Vineeta Chawla
Assistant Manager,
Tata International

200+ Participants

Future Ready

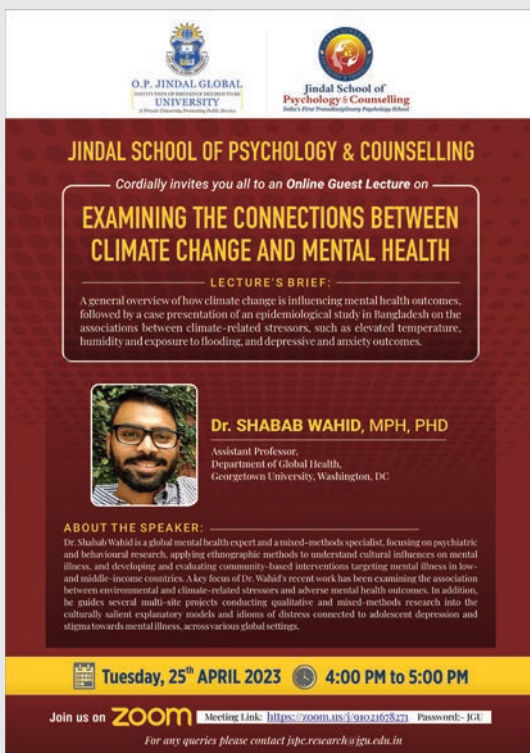
Career tips

Engage. Encourage. Empower

Guest Lecture 4

"Examining the connections between climate change and mental health"

by **Dr. Shabab Wahid, MPH, Ph.D**, Assistant Professor, Department of Global Health, Georgetown University, Washington, DC



JINDAL SCHOOL OF PSYCHOLOGY & COUNSELLING

Cordially invites you all to an Online Guest Lecture on

EXAMINING THE CONNECTIONS BETWEEN CLIMATE CHANGE AND MENTAL HEALTH

LECTURE'S BRIEF:

A general overview of how climate change is influencing mental health outcomes, followed by a case presentation of an epidemiological study in Bangladesh on the associations between climate-related stressors, such as elevated temperature, humidity and exposure to flooding, and depressive and anxiety outcomes.

Dr. SHABAB WAHID, MPH, PHD
Assistant Professor,
Department of Global Health,
Georgetown University, Washington, DC

ABOUT THE SPEAKER:

Dr. Shabab Wahid is a global mental health expert and a mixed-methods specialist, focusing on psychiatric and behavioural research, applying ethnographic methods to understand cultural influences on mental illness, and developing and evaluating community-based interventions targeting mental illness in low- and middle-income countries. A key focus of Dr. Wahid's recent work has been examining the associations between environmental and climate-related stressors and adverse mental health outcomes. In addition, he guides several multi-site projects conducting qualitative and mixed-methods research into the culturally salient explanatory models and illnesses of distress connected to adolescent depression and stigma towards mental illness, across various global settings.

Tuesday, 25th APRIL 2023 4:00 PM to 5:00 PM

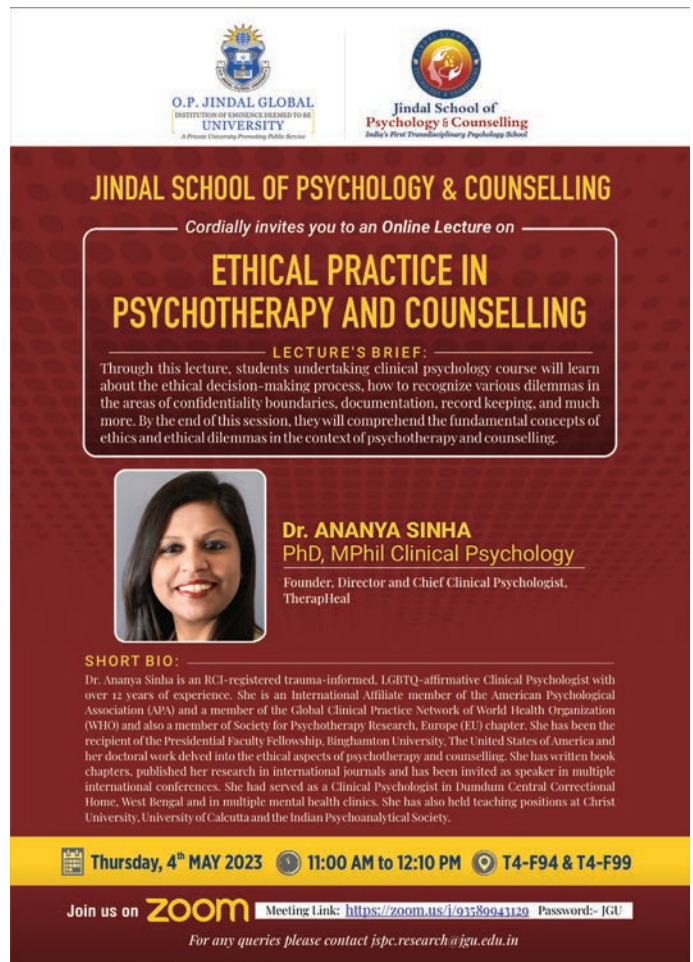
Join us on **Zoom** Meeting Link: <https://zoom.us/j/9102167821> Password: JGU

For any queries please contact jpsc.research@jgu.edu.in

Guest Lecture 5

"Ethical Practice in Psychotherapy and Counselling"

Online Guest Lecture by **Dr. Ananya Sinha, Ph.D & MPhil** in Clinical Psychology, Founder, Director and Chief Clinical Psychologist.



JINDAL SCHOOL OF PSYCHOLOGY & COUNSELLING

Cordially invites you to an Online Lecture on

ETHICAL PRACTICE IN PSYCHOTHERAPY AND COUNSELLING

LECTURE'S BRIEF:

Through this lecture, students undertaking clinical psychology course will learn about the ethical decision-making process, how to recognize various dilemmas in the areas of confidentiality boundaries, documentation, record keeping, and much more. By the end of this session, they will comprehend the fundamental concepts of ethics and ethical dilemmas in the context of psychotherapy and counselling.

Dr. ANANYA SINHA
PhD, MPhil Clinical Psychology
Founder, Director and Chief Clinical Psychologist,
TherapHeal

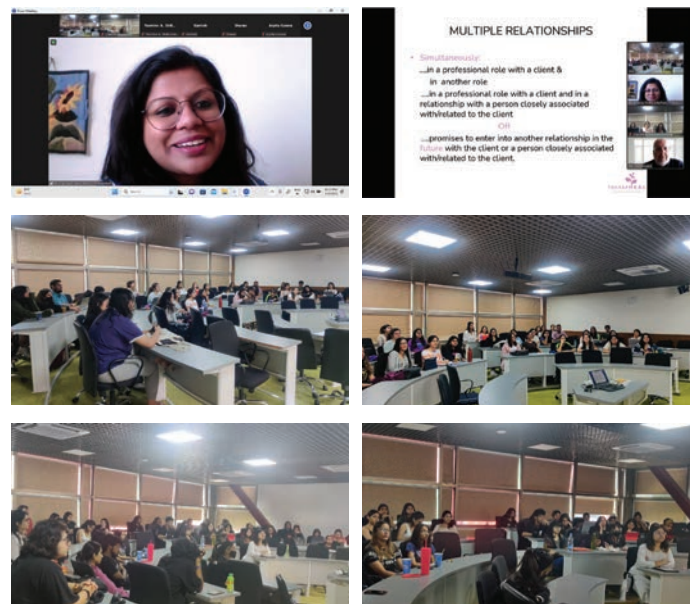
SHORT BIO:

Dr. Ananya Sinha is an RCI-registered trauma-informed, LGBTQ-affirmative Clinical Psychologist with over 12 years of experience. She is an International Affiliate member of the American Psychological Association (APA) and a member of the Global Clinical Practice Network of World Health Organization (WHO) and also a member of Society for Psychotherapy Research, Europe (EU) chapter. She has been the recipient of the Presidential Faculty Fellowship, Binghamton University, The United States of America and her doctoral work delved into the ethical aspects of psychotherapy and counselling. She has written book chapters, published her research in international journals and has been invited as speaker in multiple international conferences. She had served as a Clinical Psychologist in Dum Dum Central Correctional Home, West Bengal and in multiple mental health clinics. She has also held teaching positions at Christ University, University of Calcutta and the Indian Psychoanalytical Society.

Thursday, 4th MAY 2023 11:00 AM to 12:10 PM T4-F94 & T4-F99

Join us on **Zoom** Meeting Link: <https://zoom.us/j/91389043129> Password: JGU

For any queries please contact jpsc.research@jgu.edu.in



Guest Lecture 6

"An introduction to Qualitative Data Analysis Software in Psychological Research "

By **Dr. Meetal Devgan**

JINDAL SCHOOL OF PSYCHOLOGY & COUNSELLING

Cordially invites you to an Online Lecture on

An introduction to Qualitative Data Analysis Software in Psychological Research

LECTURE'S BRIEF:

Through this lecture, students employ for qualitative methods of inquiry in their research will learn about nature and scope of qualitative data analysis software in psychological research. In this lecture, the features and capabilities of popular software will be discussed along with their applications in analyzing data gathered via different qualitative methods. In the end of the lecture, students will have a better understanding of choosing the right software for their research needs.

DR. MEETALI DEVGUN
PhD, MPhil Clinical Psychology
Licensed Clinical Psychologist @ Psychotherapist

SHORT BIO:
Dr Meetal Devgan is an RCI registered Clinical Psychologist and has over 8 years of experience in research, teaching and practice in the field of psychology. She has completed her PhD in Clinical Psychology from National Institute of Mental Health and Neurosciences (NIMHANS) as part of which she conducted a qualitative study on 'Anxiety, Worry and Perceived Barriers to Disclosure of Child Sexual Abuse in Adolescents'. She represents India as an early career researcher as part of Northern England South Asia Mental Health Association (NESAMHA). She was a visiting assistant professor at School of Environment, Arts and Science (SEAS), Kent University. She was also a researcher at Support, Advocacy and Mental Health Interventions for children in Vulnerable circumstances and Distress (SAMH), Department of Child and Adolescent Psychiatry, MUMUKSHU. She has published her research in international journals and has been an invited panelist, speaker and facilitator for various programs.

Friday, 5th MAY 2023 2:30 PM to 4:30 PM T3-F57

Join us on **zoom** Meeting Link: <https://zoom.us/j/9166756221> Password: RCI
For any queries, please contact poornima.vishwanathan@jgu.edu.in

Guest Lecture 7

"Changing Lives One Dribble At A Time: Journey And Learnings From Dribble Academy Foundation"

by **Pradyot Voleti**

GUEST LECTURE: CHANGING LIVES ONE DRIBBLE AT A TIME: JOURNEY AND LEARNINGS FROM DRIBBLE ACADEMY FOUNDATION

TUESDAY, 02 MAY 2023
4:40 - 6:40 PM
T2 | F30 1ST FLOOR EAST

Pradyot Voleti, Founder-Director, Dribble Academy Foundation

Pradyot Voleti, professional basketball player turned skill development coach, started Dribble Academy in 2016 to share the magic of basketball with kids from underprivileged communities. Within 4 years, DAF expanded to 7 programs across 3 states and is currently working with over 3000 children.

ORGANIZED BY: JINDAL SCHOOL OF PSYCHOLOGY AND COUNSELLING

Guest Lecture 8

"Building Resilience Through Socioemotional Skills: Journey and lessons from Light Up (Emotions Matter Foundation) and Unbottle Emotions Foundation"

By **Juhi Sharma**, Founder - CEO Light Up Emotion Matter Foundation

Guest Lecture: Building Resilience Through Socioemotional Skills: Journey and lessons from Light Up (Emotions Matter Foundation)

TUESDAY, 09 MAY 2023
4:40 - 6:40 PM
T4 S105
Juhi Sharma, Founder-CEO Light Up Emotions Matter Foundation

The organization empowers marginalized youth to break cycles of intergenerational trauma and poverty so that they can move towards becoming grassroots leaders with sustainable livelihoods. It has been able to impact 75,000+ beneficiaries in a span of 6+ years and collaborated with 30+ organizations to enable each individual to lead happier and more successful lives. With a deep engagement in issues related to gender, development, education, and human rights.

Organized by: Jindal School of Psychology and Counselling



EMOTIONS MATTER FOUNDATION

Major Highlights

The Dean of JSPC, Prof. Derick Lindquist, participated in the Educator's Conference held in Ludhiana. The event was titled 'The Changing Landscape of Education' and was sponsored by the International Centre for Advancement of Education (ICAE). Many eminent educators engaged in fruitful discussion—on topics ranging from technological advances to internationalization



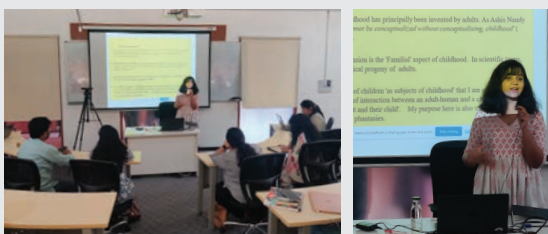
Dean's Visit to Hyderabad & Mumbai engaging with young & aspiring students



Faculty in Spotlight

Session 7

Dr. Nitya Prakash was the faculty in the spotlight for the month of March 2023 and she will be talking about her work on, **“Imagineries of childhood - Psychoanalytic Discourses”**.



Session 8

Dr. Meenakshi was the faculty in the spotlight for the month of March. She spoke on **“Cognitive Control Networks in Major Depressive Disorder”**.



Bharat Panchal Dialogues 2023

Bharat Panchal 2023 Dialogues Series, co-hosted by Fortis Mental Health Program and Jindal School of Psychology & Counselling. Each session of the panel discussion was highly insightful where JSPC faculty members and other experts conversed on a very important and contemporary mental health issue.



THE BHARAT PANCHAL DIALOGUES 2023

In palliative care it is essential to address the anticipatory grief as well as the caregivers emotional needs. Support during these times is important and working with difficult emotions helps in the coping process. We as clinicians need to address resistance and hesitation when working with patients and their families.

Dr. Amanpreet Kaur
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

The education system is based on assessment which automatically creates a bias, we need to move away from the traditional approach on focusing on IQ, but shift the paradigm towards EQ to focus on the learner's needs. The teacher plays a critical role in this regard within the classroom.

Garima Jain
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

Sociocultural factors act as key components to help an individual reconstruct and reinvent their lives post a loss. Having support structures and cultural rituals can facilitate the mourning process and help make meaning of the loss. Bringing back the narratives and stories of the loss can help in externalising grief and re-authoring the experience for the self.

Dr. Arpita Gupta
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

Interpersonal dynamics at the workplace can significantly impact an employee's well-being. Being adaptable and open to change are important skills to cope with situations at work. Having an empathetic leadership can be a strong support in this regard.

Dr. Kannu Priya Kamboj
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

Language plays a key role in communication between a couple. Learning the basics of how to communicate our needs can go a long way in decreasing conflicts between couples. Responding to what is being verbally or non verbally communicated in a non-judgmental manner helps in building stronger relationships.

Dr. Meenakshi Banerjee
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

In couples therapy there is a shift from a dyadic engagement to a more triadic containment between the couple and the therapist. The therapist acts as a medium through which emotions can be expressed and which helps in reducing the shield of defense within the couple. It is a process of individuation, to understand oneself in relation to the other.

Dr. Nitya Prakash
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

An therapy is a continuous process, and a framework is essential for it. Research evidence, expertise of the therapist and the needs of the client all interact to create a holistic therapeutic intervention. There's a triangulated relationship between the therapist, client and artwork, which come together to create a space for healing.

Dr. Poornima Viswanathan
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

THE BHARAT PANCHAL DIALOGUES 2023

Culture and social positions reflect on and influence an individual's vantage point of what they're seeing and how they're seeing it and what the influence is on their behavior. Cultural sensitivity and language play a major role in recognising that individuals are heroes of their own narrative and as mental health professionals are just hearing a part of their journey.

Dr. Mehak Sikand
Assistant Professor
Jindal School of Psychology & Counselling
O.P. Jindal Global University

JSPC Student Clubs 2022-2023



Psychology Internship and Career Club (PICC)



Club providing a platform to all students of JSPC to learn more about the field of psychology, by interacting with leading organisations and psychology professionals. The club engages students in activities that would benefit them in becoming more self-aware, self-reliant and more in control of their chosen career paths.

Mindscapes

A student club focusing on normalising and giving human emotions an impetus using art-based expression methods. Activities are centered around validating and expressing individual emotions through different art forms such as, dance/movement, theatre, music, art (painting), writing, meditation, photography and the like.



Thadeem

A club for experienced dancers who will get recognition, respect and most importantly a space to perform their art form, to add a little essence of the Indian culture to JSPC. The Indian classical dance club showcases various classical dance forms including Bharatnatyam, Kathak, Odissi, etc.

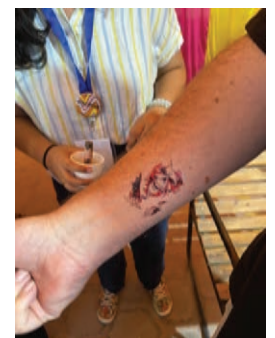
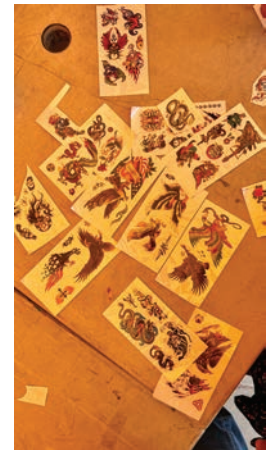


JSPC Student Events

Hues of Cupid – The Importance of Self Love



Raunak



Second session of the JSPC's Bridging the Gap Series

Second session of the JSPC's Bridging the Gap Series. In our continued effort to bring faculties and students closer for research and collaboration related discussions, we are glad to bring forth yet another engaging session with our enthusiastic budding researchers.



Peer Support Committee of JSPC

The first official meeting was held for the first ever Peer Support Committee of JSPC. The credit goes to JSPC's Student Council and the entire team and faculty who helped in the formation of this commendable initiative.



SGRC (Student Grievances Redressal Cell) of JSPC

Another benchmark was achieved with the first ever induction for the first SGRC (Student Grievances Redressal Cell) of JSPC. Headed by the current student council, SGRC has 4 working departments, namely: Events, Creative and Social Media, Hospitality and Health Centre and Security and logistics committee.



Educational Psychology Infographic Poster walk



Plantation drive



Student Council Installation Ceremony

O.P. JINDAL GLOBAL UNIVERSITY

JSPC

Jindal School of Psychology & Counselling

Student Council & JSPC wide Installation Ceremony Awards Ceremony

Vice President, Vanshika Mehta

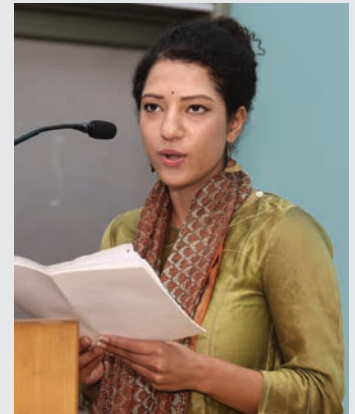
President, Suhaani Manektala

Cultural Secretary, Arushi Kapoor

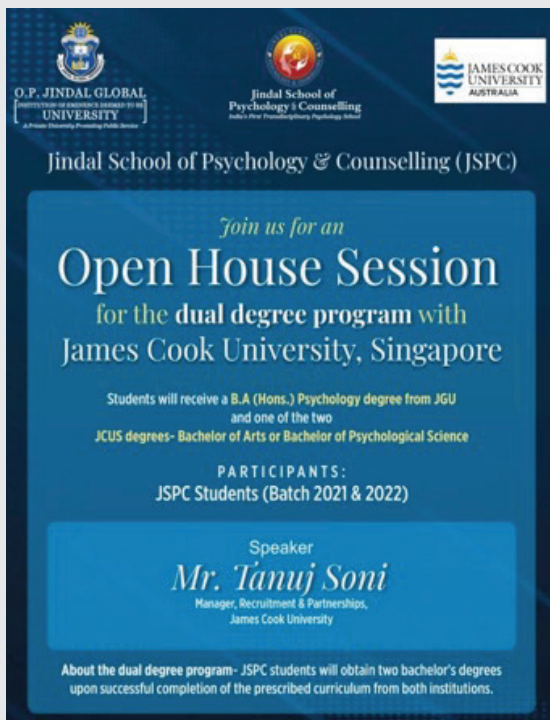
General Secretary, Sarmishta Bhardwaj

Treasurer, Yashmin Goyal

Come join us for the final event of the semester!



Online Open House Session- James Cook University



The poster features logos for O.P. JINDAL GLOBAL UNIVERSITY, Jindal School of Psychology & Counselling (JSPC), and JAMES COOK UNIVERSITY AUSTRALIA. The main text reads: "Join us for an Open House Session for the dual degree program with James Cook University, Singapore". It details that students will receive a B.A (Hons.) Psychology degree from JGU and one of two JCUS degrees: Bachelor of Arts or Bachelor of Psychological Science. The speaker is Mr. Tanuj Soni, Manager, Recruitment & Partnerships, James Cook University. A note at the bottom states: "About the dual degree program- JSPC students will obtain two bachelor's degrees upon successful completion of the prescribed curriculum from both institutions."

Faculty at JSPC - Happy Moments



Thank you!

Looking Forward to the Fall Semester 2023