



O.P. JINDAL GLOBAL
INSTITUTION OF EMINENCE DEEMED TO BE
UNIVERSITY

A Private University Promoting Public Service



**JINDAL SCHOOL OF PUBLIC HEALTH &
HUMAN DEVELOPMENT**

India's first Interdisciplinary School for Public Health & Development

YOU ARE CORDIALLY INVITED TO PARTICIPATE IN THE

FIRESIDE **CHAT**

ON THE THEME:

“**THE WEIGHT LOSS
REVOLUTION:**
Is this the era of Ozempic and Mounjaro”



CHIEF GUEST

**DR. AMBRISH
MITHAL**

Chairman, Endocrinology & Diabetes
Max Healthcare

TUESDAY, 14 OCTOBER 2025 | 11:00 AM

O.P. JINDAL GLOBAL UNIVERSITY IMAGINARIUM, GROUND FLOOR, SAVITRI JINDAL FACULTY OFFICE BLOCK

RSVP: Ms. Pooja Chandok, pchandok@jgu.edu.in

PROGRAMME

🕒 11:00 AM - 11:10 AM

WELCOME ADDRESS

PROFESSOR (DR.) C. RAJ KUMAR
Vice Chancellor
O.P. Jindal Global University

FIRESIDE CHAT

ON THE THEME:

THE WEIGHT LOSS REVOLUTION:

Is this the era of Ozempic and Mounjaro

DISCUSSANTS

PROFESSOR AMBREEN KHAN

Adjunct Professor of Practice, O.P. Jindal Global University

DR. AMBRISH MITHAL

Chairman, Endocrinology & Diabetes
Max Healthcare

PROFESSOR (DR.) STEPHEN P. MARKS

Dean, Jindal School of Public Health & Human Development
O.P. Jindal Global University

🕒 11:55 AM - 12:00 NOON

CONCLUDING REMARKS

PROFESSOR (DR.) NANDITA BHAN

Vice Dean, Jindal School of Public Health & Human Development
O.P. Jindal Global University

DR. AMBRISH MITHAL

Dr. Ambrish Mithal is an endocrinologist and the Chairman and Head of Endocrinology and Diabetes at Max Healthcare, Saket, New Delhi; he started working in December 2019. One of the most renowned names in the field of Endocrinology, Dr. Ambrish Mithal is considered to be a thought leader in the medical community. Before joining Max Healthcare, he was Chairman, Division of Endocrinology and Diabetes, at Medanta the Medicity. There, he led the Endocrinology and Diabetes division from 2009 to 2019. Before that, he worked at Apollo Hospital, New Delhi, and Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow.

More recently, in 2019, Dr. Mithal has been nominated to the Governing Council of the National Health Authority, the apex body involved in implementing the ambitious population health coverage plan of the government. He has also been appointed (honorary) President, All India Institute of Medical Sciences, Gorakhpur.

Dr. Mithal was awarded the International Osteoporosis Foundation President's Award in March 2016. In March 2017, Dr. Mithal was awarded the Dr. B C Roy Award by the President of India for his contribution to the development of endocrinology in India. He has won numerous awards from medical and social bodies throughout his career.