

# CENTER FOR COMMUNITY MENTAL HEALTH, JINDAL INSTITUTE OF BEHAVIOURAL SCIENCES

*Invites you to the*

**WORLD MENTAL HEALTH DAY SEMINAR 2025**

*on*

# COMMUNITY MENTAL HEALTH: PATHWAYS TO CARE

## PROGRAMME SCHEDULE

### Welcome & Panel Discussion

09:00 AM – 10:30 AM (IST)

Venue: Imaginarium, Savitri Jindal Faculty Office Block

*Panelists:*



**GAURAV SIROHI**

Head of Business &  
Partnerships, Founding Member,  
Lissun



**DIKSHA GAJRIA**

Senior  
Programme Coordinator,  
Sangath



**ADITHYA KIRON**

Student  
M.A./M.Sc. APPLIED PSYCHOLOGY  
(Community Psychology)

### Future Forum

11:00 AM – 12:30 PM (IST)

Venue: Performing Arts Academy, 1<sup>st</sup> Floor, Prithviraj Jindal Academic Block



*Theme:*

**POSITIVE PSYCHOLOGY AND  
WELLBEING SCIENCE IN COMMUNITY**

**DR. JACQUI FRANCIS**

Senior Lecturer, Centre for Wellbeing Science,  
Faculty of Education, University of Melbourne

Release of Mental Health Joy Kit



*Just Own Yourself*

### Poster Presentation

02:00 PM – 03:00 PM (IST)

Venue: G79, Aruna Abhey Oswal Academic Block

### Awards Ceremony & Closing Remarks

03:00 PM – 03:15 PM (IST)

Venue: G79, Aruna Abhey Oswal Academic Block